

# **EXECUTIVE SUMMARY**

Missouri Department of Mental Health  
1706 E. Elm Street, P.O. Box 687, Conference Room B  
Jefferson City, MO 65102

## **Mental Health Commission Meeting**

**April 26, 2007**

---

### **PRESENT**

John Constantino, MD, Chair  
George Gladis, Secretary  
Ron Dittemore  
Beth Viviano  
Phillip McClendon  
Patricia Bolster, M.D.

### **STAFF**

Keith Schafer, Department Director  
Lynn Carter, Deputy Director  
Mark Stringer, Division Director, ADA  
Joe Parks, Division Director, CPS  
Bernie Simons, Division Director, MRDD  
Diane McFarland, Coordinator/Chair Transformation Grant  
Patty Henry, Deputy Director, Administration  
Mary Tansey, General Counsel  
Bob Bax, Legislative Liaison/Public Affairs Director  
Monica Hoy, Assistant to the Director  
Audrey Hancock, Director's Office

### **GUESTS**

Cathy Welch, Director's Office  
Felix Vincenz, CPS COO  
Benton Goon, DMH Transformation Grant  
Clive Woodward, DOP  
Debbie McBaine, ADA  
Susan Pritchard-Green, MO Planning Council  
Jan Heckemeyer, DMH Administration  
Tec Chapman, MRDD  
Robin Rust, MRDD  
Jeff Grosvenor, MRDD  
Dottie Mullikin, DOP

Marsha Buckner, ADA  
Connie Cahalan, DO  
Gary Lyndaker, IT  
Liz Hager-Mace, DMH Housing  
Leigh Gibson, Consumer Affairs  
Lois Thomas, Public Affairs  
Pam Leyhe, DO  
Mary Fangmann, OFO  
Marsha Buckner, ADA  
Rick Gowdy, CPS  
Julia Kaufmann, MRDD  
Vickie Epple, DMH Transformation  
Rhonda Haake, IT  
Erica Stephens, MO P & A  
Tim Swinfard, MO CMHC  
Greg Kramer, Life Skills  
Diane Riley, for Bill Shoehigh  
Jhan Hurn, Community Support Services  
Teddy Steen, KSN TV, Joplin  
Wendy Buehler, Life Skills  
Diane Mack, Parent  
Miriam Schepers, MOACF  
Marilyn Nolan, MOANCOR  
Judy Alexander, Emmaus Homes  
Carol Baer, Emmaus Homes  
Jim Casey, Cole County Residential Services  
Susan Henderson, Burrell Behavioral Health  
Karen Scott, Springfield Public Schools  
Patty Moore, Springfield Public Schools  
Deena Daily, MO CMHC  
Mary Lou Bussabarger, former Commissioner  
Robert Bussabarger

TOPIC/ISSUE	DISCUSSION
<b>CALL TO ORDER</b>	John Constantino, Chair, called the meeting of the Missouri Mental Health Commission to order at 9:05 a.m. on Thursday, April 26, 2007. The meeting was held at the Department of Mental Health, 1706 E. Elm Street, Conference Room B, Jefferson City.
<b>INTRODUCTIONS</b>  <b>APPROVAL OF MINUTES</b>	<p>Introductions were made. John Constantino welcomed Patricia Bolster to the Mental Health Commission. Patricia shared her background and interest in mental health.</p> <p>Phillip McClendon made a motion to approve the Mental Health Commission minutes for February 6, 2007 and March 8, 2007. George Gladis seconded the motion and the minutes were approved.</p>
<b>DIRECTOR'S REPORT</b>	<p>Keith shared that he has completed the first 90 days of his administration as Department Director and shared highlights.</p> <ul style="list-style-type: none"> <li>• Dr. John Heskett will begin as Deputy Director for Children's Services in May.</li> <li>• He is proud of the Executive Team and commended them on their work with the legislature.</li> <li>• He will present the renewed focus of vision process at the June Commission meeting.</li> <li>• The Legislature went beyond the expectations this year in new decision items.</li> <li>• One of the pieces of legislation that will come from this session is Senate Bill 3. Senator Gibbons sponsored the bill which covers various mental health recommendations from the Mental Health Commission Report and Lt. Governor Peter Kinder's Mental Health Task Force Report and Recommendations. This bill is expected to pass.</li> <li>• Another piece of legislation that will impact mental health is Senate Bill 577 which establishes the MO Healthnet, replacing Medicaid.</li> <li>• Bellefontaine—in 2005 the Governor announced plans to close Bellefontaine, however, there were issues with closing. A new plan for Bellefontaine was announced in March, with a new facility being built. The Department of Justice became involved in 2005 in the investigations into abuse/neglect at Bellefontaine. They recently sent the Attorney General a report of their findings and recommendations for remedial measures. DMH staff will meet with DOJ staff beginning on June 1, 2007.</li> </ul>
<b>SPRINGFIELD SCHOOL SYSTEM SCHOOL-BASED CLINICIANS</b>	<p>Dr. Karen Scott, Springfield Public Schools, and Susan Henderson, Psychologist with Burrell Behavioral Health, brought a presentation on <i>School-Based Clinicians—Integrating Mental Health and Education</i>. Points highlighted:</p> <ul style="list-style-type: none"> <li>• The Springfield Schools received a grant for \$2.8 million per year for three years that was a collaborative partnership between Department of Education, Health &amp; Human Services and Department of Justice.</li> <li>• This allowed them to place school-based clinicians (SBCs), employed by Burrell Behavioral Health, in all 17 secondary schools, to provide individual therapy, small groups, consult with school staff, case management.</li> <li>• Some reasons for referral are low achievement, family dysfunction, poor attendance, mental health issues.</li> <li>• Initially, all referrals are through school counselors, with parent permission required after first week.</li> <li>• Relationships are built with a Guide/Advocate from each agency with open and honest communication.</li> <li>• Some potential barriers are past misunderstandings, lack of understanding of roles, procedural differences.</li> <li>• Some keys to success are preparation by District Administrator, hiring process, training considerations, legal</li> </ul>

TOPIC/ISSUE	DISCUSSION
	<p>issues, maintaining connection with mental health center.</p> <ul style="list-style-type: none"> <li>• Benefits to schools include additional help for troubled students, mental health expertise, liaison with parents, increased understanding of mental health issues.</li> <li>• Benefits to students include delivery of services when and where needed, addressing problems before they become more serious, additional time with mental health worker, eliminates barrier of transportation issues.</li> <li>• Benefits to mental health providers include efficient, effective delivery of services, consultation with educators, seeing students in context in which problem behaviors occur, collaborative solutions.</li> <li>• Evaluation results have shown statistically significant reductions in drug, alcohol, tobacco related incidents, disorderly conduct, discipline incidents, conference calls, unexcused absences.</li> <li>• Next steps include replication in other communities.</li> <li>• School and mental health staff are seeking allocation of mental health dollars for sustainability. Also seeking Medicaid reform to allow school to bill for mental health services.</li> </ul> <p>Medicaid reimburses for school based services but the schools must furnish the match. In addition to matching the dollars, the schools bear an administrative burden for billing Medicaid.</p>
<b>CONSUMER SAFETY DISCUSSION</b>	<p>Lynn Carter presented on <i>Investing in Consumer Safety: Prioritizing the Tasks</i>, a summary of the work being done to translate the recommendations of the MH Commission and the Lt. Governor's MH Task Force into implementation plans. She gave an overview of prioritization results from the February Commission meeting, reviewed work plans for key recommendations, and discussed a structure for tracking and reporting progress. Quarterly updates will be provided to the Mental Health Commission. An annual report is due to the Governor and Lt. Governor by 6/30/07.</p>
<b>MRDD UPDATE</b>	<p>Bernie Simons gave an update on the Division of MRDD. The Attorney General received a letter from the Department of Justice outlining their findings in the investigation into abuse/neglect at Bellefontaine Habilitation Center, and their recommended remedial measures. A meeting with staff from DOJ, DMH, and AG Office is scheduled for June 1, 2007 in St. Louis.</p>
<b>TRANSFORMATION UPDATE</b>	<p>Diane McFarland presented an update on activities in the Office of Transformation and provided a handout. Some items reported:</p> <ul style="list-style-type: none"> <li>• Progress to Date: <ul style="list-style-type: none"> <li>◦ Transformation Working Group (TWG) developed initial work plan and chartered six workgroups.</li> <li>◦ Consumer/Family Leadership Training held</li> <li>◦ Workgroups currently completing Objectives/Strategies in focus areas.</li> </ul> </li> <li>• Key Issues/Actions: <ul style="list-style-type: none"> <li>◦ Certain workgroups underrepresented (e.g. older adult). Action: Identifying expert content consultants for workgroups.</li> </ul> </li> </ul>

TOPIC/ISSUE	DISCUSSION
	<ul style="list-style-type: none"> <li>◦ An error in original Notice of Grant Award (NOGA) and revised NOGA issued for year 2-5. Action: Year 2-5 budget revised. Keith Schafer and Diane McFarland to meet with SAMHSA in May.</li> <li>• Next Steps:               <ul style="list-style-type: none"> <li>◦ Workgroup completion of key objectives and strategies, feasibility analysis and consensus on initial recommendations.</li> <li>◦ Initial TWG review, prioritization and synthesis of recommendations.</li> <li>◦ Workgroup assignments to develop action plans for priority areas.</li> <li>◦ Human Services Cabinet Council review, Stakeholder/Public Review and Input</li> <li>◦ Summary of Public Input and MIMH completion of Needs Assessment and Inventory of Resources.</li> <li>◦ Completion of action plans with timelines and incorporation into final Draft Comprehensive Plan.</li> <li>◦ Final plan review and input from key advisory groups; approval by Human Services Cabinet Council</li> <li>◦ TWG development of Implementation Work Plan.</li> </ul> </li> </ul>
<b>MO HEALTHNET/ MEDICAID REFORM</b>	Joe Parks brought an update on Medicaid Reform. The legislation on Medicaid reform, Senate Bill 577, that would create the Medicaid replacement—MO HealthNet—is still in the process of being crafted in the legislature.
<b>CIMOR UPDATE</b>	<p>Gary Lyndaker brought an update on CIMOR and provided a handout that outlined the following:</p> <ul style="list-style-type: none"> <li>• Revenue and Payment:               <ul style="list-style-type: none"> <li>◦ FY07 Projection = \$124.5M (-\$10.4M per month)</li> <li>◦ Payments to SCL Providers – working and on target.</li> <li>◦ Payments to ADA Providers—close to historical target. Expect to be caught up by end of fiscal year.</li> </ul> </li> <li>• CIMOR and DMH IT System Review               <ul style="list-style-type: none"> <li>◦ Contract under negotiation with group that has done similar work for DMS</li> <li>◦ Tasks                   <ul style="list-style-type: none"> <li>Part 1—CIMOR Evaluation                       <ul style="list-style-type: none"> <li>Health check of the current state of the project</li> <li>Review billings and processes</li> <li>Technical review of hardware architecture</li> <li>Technical review of software architecture</li> <li>Review project and scope management and advice on best practices</li> <li>Review of implementation and advice on best practices</li> <li>Review of risk management and advice on best practices</li> </ul> </li> <li>Part 2—Strategic Assessment of DMH IT System Options                       <ul style="list-style-type: none"> <li>Review current products for CIMOR-like and other healthcare systems</li> </ul> </li> </ul> </li> </ul> </li> </ul>

TOPIC/ISSUE	DISCUSSION
	<p>High-level consideration of other related State initiatives  Recommendation of future options for DMH information system needs  Cost/benefit analysis of CIMOR enhancement and top three options</p> <ul style="list-style-type: none"> <li>◦ Expected award next week</li> <li>◦ Expected cost \$100,000 to \$150,000</li> <li>◦ Expected duration May 1 – July 31</li> </ul>
<b>BUDGET UPDATE</b>	<p>Patty Henry gave an update on the DMH Budget status and provided handouts outlining the ranking of decision items, the DMH request, the Governor’s recommendations as amended, the House recommendations, the Senate recommendations, the difference in House and Senate recommendations, and comments regarding the difference in Senate and House recommendations. She noted that the total revenue growth for the State this year is projected to be 4% to 5% Patty explained each decision item and the differences in the House and Senate recommendations</p>
<b>MO SEXUAL OFFENDER TREATMENT PROGRAM</b>	<p>Keith Schafer and Rick Gowdy provided an overview of the Sexual Offender Treatment Program and issues regarding sex offenders being held at MOSOTC after their prison terms in order to keep them from returning to society without treatment. They provided copies of a series of New York Times articles that dealt with similar issues that Missouri is experiencing with civil commitments.</p>
<b>NEW BUSINESS</b>	<p>The format of future Mental Health Commission meetings will be changed somewhat. One item is that attendees will be offered the opportunity to purchase lunch that will be delivered to the DMH in order to allow them to not have to leave the building and return to the reconvened meeting on time.</p>
<b>ADJOURN</b>	<p>The Mental Health Commission adjourned at 4:00 p.m.</p> <hr/> <p>John Constantino, Chair</p>